


FCLC Wilderness Adventure Summer Camp


Week 1: 7/14-16
Camping adventure
Shelter Challenge

		Tuesday	Wednesday field trip Blandford	Thursday
9:30	Bible	<p>Psalm 91:1 Those who live in the shelter of the Most High will find rest in the shadow of the Almighty</p> <p>When you go camping, what things do you bring with you? What do you think is most important to have with you? Why is it important to have shelter? Why does a shelter need to be strong?</p> <p>What do you think it would be like to live in the shelter of the Most High?</p>	<p>Psalm 91:2 Lord, you are my refuge, my fortress, my God, and I trust in You.</p> <p>What is a refuge? A fortress? What would make them strong? Would you like God to be your refuge and fortress?</p>	<p>Psalm 91:3 God will rescue you from every trap and protect you from deadly disease.</p> <p>Tell us about a time when God rescued you.</p>
11:00	Enrichment	<p>Art</p> 	<p>Music Campfire song A-camping we will go</p>	<p>PE Summer camp olympics Running race</p>

3:00	Conversation	Making History– Basic Shelter When creating a shelter, what would you prioritize: warmth, protection from animals, or comfort so you could get some rest?	If you were to build a home for you and your family, would you choose beautiful but temporary materials, or unattractive materials that would last much longer than you'll even be alive?	Primitive Technology video on building a shelter out of grass.] Think of all of the different shelters you have used in your life. Think about which one matters the most? How would you rank shelter amongst the other needs of human survival: food, water, safety?
	Project time Camping adventure Homemade smores Hiking at Blandford	Your challenge today is to set up the tent without instructions. Work together as a team to set up the tent.	Build a shelter with rope/twine and burlap (or other fabric). What skills do you already have that would help you survive in the outdoors? In what other situations, besides an outdoor emergency, would these skills be useful?	Tent snack Homemade s'mores Why do you need to work as a team in building your shelter? What would you do if a storm is coming and you do not have time to set up your tent?
3:45	Reflection	Think about the spaces you live in: your school, your church, your home. Think about what you are most grateful for within each of those living spaces.	Who was in their panic zones today? Who was in their challenge zone? For those of you who found yourself in your panic zone, what did you do to get yourself out of it without quitting on yourself or the team?	What was the best part of our camping adventure?

Week 2: 7/21-23
Safari Adventure
Orienteering Challenge

		Tuesday	Wednesday field trip Boulder Ridge	Thursday
9:30	Bible	<p>Psalm 91:4 God will cover you with his feathers. He will shelter you with his wings. His faithful promises are your armor and protection.</p> <p>What do you need protection from? Do you believe God can protect you? How have you experienced God's protection?</p>	<p>Psalm 91:5 Do not be afraid of the terrors of the night, not the arrow that flies in the day?</p> <p>What are you afraid of? What helps you overcome your fear?</p>	<p>Psalm 91:6 Do not dread the disease that stalks in darkness, nor the disaster that strikes in daylight.</p> <p>How have you experienced God's healing protection?</p>
11:00	Enrichment	<p>Art</p> 	<p>Music We're going on a bear hunt The bear went over the mountain</p>	<p>PE Summer camp olympics Standing long jump</p>
3:00	Conversation	<p>If you were lost in the woods, how would you prioritize this list: find a safe place to sleep, collect clean drinking water, start a fire to stay warm, and tend to a wound in your leg?</p>	<p>If you get lost or separated from your group, what can you use so that others could hear you and find you?</p>	<p>How would rescue planes find you? What would you do if help does not come right away?</p>

	Project time Safari Adventure Go on a bear hunt Animal puppet show Trip to Boulder Ridge	Use a compass to find North, South, East, West.  What would you do if you are lost in the woods? How does your compass help you find your way?	Go on a bear hunt outdoors What do you do when you encounter a bear? How would you stay safe in a lightning storm?	Animal puppet show
3:45	Reflection	How did you learn from your mistake?	What did you try next after you got stuck?	Did you ask a friend for feedback to improve your work? How did that help you?


Week 3: 7/28-30
Detective Adventure
First Aid Challenge

		Tuesday	Wednesday field trip Calvin Nature Preserve	Thursday
9:30	Bible	Psalm 91:7 Though a thousand may fall at your side, and ten thousand at your right hand, no harm will come near you. How would you act differently knowing that God is protecting you from harm? Are you willing to take more risks or be even more careful?	Psalm 91:8 Just open your eyes, and see how the wicked are punished. Do you believe fear of a punishment helps you obey God's commands?	Psalm 91:9-10 If you make the Lord your refuge, if you make the Most High your shelter, no evil will conquer you; no plague will come near your home. How do you react when you see someone making wrong choices?

11:00	Enrichment	Art Create art using natural objects Explore nature through art	Music Boom chicka boom Green grass grows all around	PE Summer camp olympics Foam javelin throw
3:00	Conversation	People react to emergencies in different ways: some people feel afraid and freeze; some people block out distractions and focus on handling the situation. There is nothing wrong with being someone who freezes, but knowing and understanding how you react can help you as you prepare for these situations. When something is intense or scary, how do you react?	Does knowing first aid and traveling with people who know first aid make you and those around you more safe? Why?	For the people who panic in scary situations, one way to work through it is to become certified in first aid and to practice by simulating those situations. Should first aid be required for everyone in schools and workplaces?
	Project time	Solve nature mysteries First aid tips to teach children burns choking bleeding What is the first thing you do before performing First Aid? How do you call for help in an emergency? What would you do while waiting for help to come?	Become a nature detective at Calvin Nature Preserve What do you do if the phone does not work? If more than one person is hurt, who would you help first?	First aid education for children: broken bone unresponsive person who is breathing CPR What do you do if you forget the First Aid for an injury? What do you do if you do not have a First Aid kit?

3:45	Reflection	What new ideas did you try?	What risks did you take?	What do you need to practice to get better?
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Week 4: 8/4-6
Mad Science Adventure
Fire Building Challenge

		Tuesday	Wednesday field trip Roselle park	Thursday
9:30	Bible	<p>Psalm 91:11 He will order his angels to protect you wherever you go.</p> <p>What do you believe about angels? How would you convince someone who does not believe that angels are real?</p>	<p>Psalm 91:12 They will hold you up with their hands so you won't even hurt your foot on a stone.</p> <p>Does this verse mean that we would never get hurt?</p>	<p>Psalm 91:13 You will overpower the strongest lions and the most deadly snakes.</p> <p>What is your superpower?</p>
11:00	Enrichment	<p>Art</p> 	<p>Music Herman the worm Go bananas</p>	<p>PE Summer camp olympics Archery</p>
3:00	Conversation	<p>What do you need to do first before building a fire?</p>	<p>Why is it important to know how to build a fire?</p> <p>What has challenged you the most in building a fire?</p>	<p>How do you stay safe around the campfire?</p> <p>What do you do with the campfire when you do not need it anymore?</p>

			How did failing in building a fire help you learn?	
	Project time	<p>Step 1 collect tinder Pine needles, inner bark of dead branches, dried grass</p> <p>Step 2 collect kindling Twigs about the size of a pencil</p> <p>Step 3 collect fuel Dead and downed wood no bigger around than your wrist</p> <p>What is the difference between tinder, kindling, and fuel?</p>	<p>“Fire Starting without Matches”</p> <p>Fire starting methods</p> <p>Flint and steel –Pocket knife and dark rock</p> <p>Magnifying glass, curved lens, eyeglasses, burn dried leaf</p> <p>Crystal growing</p>	<p>Fire by friction</p> <p>Curved piece of wood as bow</p> <p>Shoestring</p> <p>Dry hard wood</p> <p>Hand block</p> <p>Fire board</p> <p>Slime challenge</p>
3:45	Reflection	Who did you learn from to improve your work?	How did you tackle your challenges?	How can you make your work more challenging?

Week 5: 8/11–13
Wet, Wild, and Wacky Adventure
Clean Water Challenge

		Tuesday	Wednesday field trip Splash pad	Thursday
9:30	Bible	<p>Psalm 91:14 The Lord says, “I will rescue those who love me. I will protect those who trust in my name.”</p> <p>When was a time God rescued you?</p>	<p>Psalm 91:15 When they call on me, I will answer; I will be with them in trouble. I will rescue and honor them.</p> <p>How has God answered your prayer?</p>	<p>Psalm 91:16 I will reward them with a long life and give them my salvation.</p> <p>What rewards has God given you?</p>

11:00	Enrichment	Art 	Music Five little speckled frogs A ram sam sam	PE Summer camp olympics Water sports Swimming
3:00	Conversation	<p>“A Hiker’s Plight: How to Help When Water Runs Low,” – ethical dilemmas relating to water in the wilderness and how much to share.</p> <p>What would you do in this situation? Would you share your water risking your own survival? Or the survival of your family?</p> <p>Can we drink the water from a creek, river, stream, pond, or lake?</p> <p>How would you find water to drink?</p>	<p>“Water Changes Everything.”</p> <p>We pay for clean water in the US. Should everyone pay the same amount, or should you pay based on how much you earn? Should there be water restrictions during a drought, or should you be able to use as much as you want as long as you can pay for it?</p> <p>Where could you find water sources?</p> <p>What materials would you need to build a water filter, distiller, and water still?</p>	<p>Imagine this: you’re stuck in the wilderness and thirsty. You’re starting to feel dehydrated, and you begin to get scared. You keep looking and walking, and you find a water source that looks clean. Do you take the risk?</p>
	Project time	<p>“What Would Happen If You Didn’t Drink Water?”</p> <p>Water Filtration Experiment</p> <p>Water beads</p>	<p>Planet Science Cloud in a Bottle</p> <p>Solar water distiller</p> <p>Solar water still</p>	<p>Pool party</p>

3:45	Reflection	What made you think hard today?	What would you do differently to make things work better?	Did you work as hard as you could have?
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